



## Sun Policy

**Last Reviewed: Children's Welfare & Equalities committee 18.05.2022**  
**Review Due: May 2025**

### Introduction

At Caverstede Nursery School we want all adults and children to enjoy the sun safely. Young children have sensitive skin which can easily be damaged by the sun's UV rays. Children are unable to take responsibility for their own protection. Parents/carers have a responsibility to ensure that children are protected from the harmful effects of the sun.

This policy aims to ensure that Caverstede Nursery School provides an environment that enables children and adults to stay safe in the sun, both within the school and outside. At Caverstede Nursery School we provide areas of shade in the nursery gardens that children are actively encouraged to use.

### Aims

- To encourage children and adults to learn about sun safety to increase knowledge and influence behaviour.
- To work with parents to re-enforce awareness regarding sun safety across the school.

### Parents

- Parents/carers to apply sunscreen to their child before attending Nursery
- Parents/carers to provide sunscreen of Sun Protection Factor (SPF) of 15, or above, for the UVB protection, and 4 or more stars or the letters "UVA" inside a circle which is a European marking, for the UVA protection, for their child.
- A label to be attached to the child's sunscreen provided with child's name and giving permission for staff to apply the sunscreen to their child.
- Parent/carers asked to confirm sunscreen has been applied. If not, they will be asked to apply sunscreen before leaving their child. Either using their own Sun Protection they have provided, or using Sun Protection provided by Caverstede.
- Where sun protection has been unable to be provided, permission will be obtained from parent/carer, for staff to apply/reapply sunscreen provided by Caverstede.

### Nursery

- Staff will apply sunscreen or support children to apply their own sunscreen. Staff will re-apply if the children are in nursery all day.
- Sunscreen of Sun Protection Factor (SPF) of 15, or above, for the UVB protection, and 4 or more stars or the letters "UVA" inside a circle which is a European marking, for the UVA protection will be provided by Caverstede.
- We will talk to parents/carers to explain that children will remain inside if sunscreen is not applied and permission is not given for staff to apply sunscreen.
- For parents/carers to provide their child/children with a sunhat to wear in the nursery garden; adults to model sun safety and provide spare sun hats.
- Legionnaire's hats are available in school for parents to purchase.
- In extreme heat, the Woodland Garden can be used to provide more shaded areas.
- Water, as always, to be available to children at all times of the day within the nursery, fans to be on as required, lights to be turned off.
- Plan activities to help reduce the impact of heat e.g. ice in water play.

### Family Groups

- Parents/carers are responsible for applying sunscreen
- Within the Family groups, staff will support parents to adopt sun safety practices

### General

- We would recommend that adults wear hats outside where possible in sunny weather as a good role model to children.
- Encourage parents/carers to provide a t-shirt for their child to wear in the water feature.
- Children are allowed to wear UV protection sunglasses.

- All staff will monitor individual children's' well-being when they are in the sun, encouraging them to play indoors if necessary.
- All staff are involved and committed to promoting staying safe in the sun.
- All staff are aware that the sun is particularly damaging between 11am and 3pm and are mindful of this.
- We recommend that staff apply their own sunscreen regularly for sun protection. Sunscreen of Sun Protection Factor (SPF) of 15, or above, for the UVB protection, and 4 or more stars or the letters "UVA" inside a circle which is a European marking, for the UVA protection should be used. Sun Screen provided by Caverstede is available for staff use also, should they forget to apply/bring their own into School.

Reference:

- NHS Sunscreen and sun safety: [www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety](http://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety).
- Sun Smart Cancer Research Update: [www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer](http://www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer).
- Public Health England [PHE] May 2015 - Looking after children and those in Early Years settings during heatwaves: guidance for teachers and professionals [www.gov.uk/government/publications/heatwave-plan-for-england/looking-after-children-and-those-in-early-years-settings-during-heatwaves-for-teachers-and-professionals](http://www.gov.uk/government/publications/heatwave-plan-for-england/looking-after-children-and-those-in-early-years-settings-during-heatwaves-for-teachers-and-professionals).

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## Appendix 1 - Permission Slip for Caverstede provided sunscreen to be used

**I give permission for Caverstede Staff to apply sunscreen provided by Caverstede (Sun Protection Factor (SPF) of 15, or above, for the UVB protection, and 4 or more stars or the letters "UVA" inside a circle which is a European marking, for the UVA protection)**

**Child's name** .....

**Parent/Carer signature** .....

**Date** .....

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## Appendix 2 - Label permission for parent's providing sunscreen

**I give permission for Caverstede staff to apply sunscreen**

**to**.....

**Signed**.....