

Vivacity



SEND Activities & Inclusive Leisure

Vivacity's SEND and inclusive leisure programme aims to improve confidence, build strength and develop long term life skills.

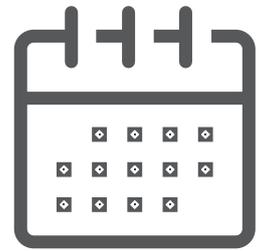
SEND term time activities and holiday clubs provide opportunities for young people aged 7 - 19 with SEND to spend time away from parents and carers (sessions are up to 4 hours).

We also offer a year-round programme of inclusive sport and leisure activities. These aim to engage young people and adults with disabilities to increase their participation in sport.

Visit vivacity.org to find out more, email shortbreaks@vivacity.org or call **01733 863783**.

Visit vivacity.org/shortbreaks





SEND / inclusive activities calendar

Mondays	8.00am - 9.00am	Sensory swim at the Regional Fitness & Swimming Centre
Tuesdays	8.00am - 9.00am	Sensory swim at the Regional Fitness & Swimming Centre
Wednesdays	8.00am - 9.00am 10.00am - 12.00pm 5.30pm - 6.30pm	Sensory swim at the Regional Fitness & Swimming Centre Adapted cycling at the Embankment Athletics Track Adapted cycling at the Embankment Athletics Track
Thursdays	8.00am - 9.00am 1.00pm - 3.00pm 5.30pm - 7.00pm 6.00pm - 8.00pm	Sensory swim at the Regional Fitness & Swimming Centre Totally Active Club at Hampton Leisure Centre Sensory swim at the Regional Fitness & Swimming Centre Short Breaks SEND Club at East Community Centre
Fridays	8.00am - 9.00am 10.30am - 11.30am 11.30am - 12.30pm	Sensory swim at the Regional Fitness & Swimming Centre Archery at Focus Centre Archery at Focus Centre
Saturdays	10.00am - 12.00pm 1.00pm - 4.00pm 2.00pm - 4.00pm	Boccia at Peterborough Indoor Bowls Club Short Breaks SEND Club at Werrington Leisure Centre FINS swimming lessons at Jack Hunt Pool
Sundays	8.00am - 9.30am	Sensory swim at the Regional Fitness & Swimming Centre

SEND holiday clubs run in all school holidays.
Visit vivacity.org/shortbreaks for dates.