

Body Percussion

Phonics Phase 1 Aspect 3

Encourage your child to see what different sounds they can make with their bodies such as stamping, clapping and jumping.

What is Body Percussion?

It helps us to make sense of rhyme and rhythm by tuning our bodies into rhythms and beats.



Move like me!

Challenge your child to copy your movement such as jumping, waving or hopping. How many different ways can you move? Now ask your child to suggest movements and copy

Action Songs

Why not sing an action song such as "Head, Shoulders, Knees and Toes" or "The Hokey Kokey" together and join in with the actions.

Teach everyone at home the 'Pat-a-cake, pat-a-cake, baker's man' rhyme and show them how to clap their hands together to the beat.

